

St. Andrew & St. Francis CE Primary School



PSHCE Policy

(including Sex & Relationships Education and Drug Education)

Chair of Governors	
Acting Head teacher	
Date	
Review date	

Introduction

Personal, social, health and economic education (PSHE Education) and Citizenship in the primary school are planned programmes of learning opportunities and experiences that help children grow and develop as individuals and as members of families and social and economic communities. PSHE Education and Citizenship equip children and young people with knowledge, understanding, attitudes and practical skills to live healthy, safe, productive, fulfilled, capable and responsible lives. PSHE Education provides a focus on the personal dimension and Citizenship a focus on the public dimension. It also provides a framework and ideas for teaching key aspects or 'domains' of emotional intelligence. PSHE and Citizenship enables children to reflect on and clarify their own values, attitudes and feelings and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future. This area of the curriculum supports schools in meeting statutory responsibilities to promote well-being, achieve the curriculum aims and promote community cohesion. It also supports the social, moral, spiritual and cultural curriculum and is embedded within the Christian values of the school.

Aims

- To promote pupils' spiritual, moral, social and cultural development and provide opportunities for learning in line with the aims of the National Curriculum.
- To promote the personal development of all pupils in order to support their ability to learn and achieve. The teaching of PSHE in the taught and caught curriculum is fundamental to meeting these aims.
- To deliver PSHE in line with the school's agreed aims, values and moral framework which are sensitive to the needs and beliefs of pupils, parents/carers and other members of the school community. This will be delivered within the school's agreed equal opportunities framework.
- To develop pupils' confidence and responsibility and to make the most of their abilities.
- To prepare pupils to play an active role as citizens.
- To support pupils in developing a healthy, safer lifestyle.
- To support pupils in developing emotional awareness and a healthy self-esteem as the foundation for positive relationships.

Content, organisation and planning of the PSHE Curriculum

PSHE is taught through discrete weekly lessons and through links to the Connected Curriculum.

There are also clear links with aspects of the RE, PE and Science curriculum. The range of topics taught in PSHE follows six broad categories: Community, Staying Safe, Being Healthy, Emotional Health, Relationships and Participation. The school follows the Brent Scheme of Work for PSHE, Citizenship and SEAL which is a whole school spiral curriculum divided into half-termly topics. This allows for focused PSHE weeks and links to other national and local events in the school calendar eg. Black History month and Anti-bullying week.

A range of teaching strategies are used to deliver PSHE in the classroom. The emphasis is not on reading and writing activities but on active teaching methods and the active participation of pupils. Examples include:-

- speaking and listening activities,
- circle time,
- drama and role play,
- group work activities,
- active citizenship opportunities,
- visits to places of local interest eg. local supermarkets
- trips to places of national interest eg. Houses of Parliament.

All teachers are expected to deliver PSHE including Drugs, Tobacco and Alcohol Education and Sex and Relationships Education. All staff will be given appropriate training and support and PSHE Co-ordinators will have access to specialist training. All attempts are made to include pupils of all ability, including differentiation for pupils with SEN.

Sex and Relationships Education

Sex and Relationships Education (SRE) is set in the context of clear values, including the value of family life, marriage and the importance of loving and stable relationships for bringing up children.

The objectives of Sex and Relationship Education are:-

- to provide the age-appropriate knowledge and information to which all pupils are entitled,
- to raise pupils' self-esteem and confidence, especially in their relationships with others,
- to help pupils' develop relationship and communication skills (language, decision making, choice, assertiveness) to cope with the influences of their peers and the media,
- to respect and care for their bodies,
- to be prepared for puberty and adulthood,
- to help pupils understand their sexual feelings and behaviour, so they can lead fulfilling and
- enjoyable lives,
- to develop skills for a healthier and safer lifestyle.

SRE is **not** about the promotion of sexual orientation or sexual activity. We use single sex groupings for work on certain topics where appropriate. Sex and Relationships Education is part of all students' education and it is hoped that all will participate. However, the school acknowledges that parents /carers have the right to withdraw their children from all or part of the Sex and Relationships Education programme except for that part which occurs in National Curriculum Science.

Parents/carers wishing to exercise that right are asked to write a letter informing the school that they wish their child to be withdrawn make an appointment to meet the Head teacher or Deputy Head.

Drugs Education

School does not condone the misuse of drugs and alcohol or the illegal supply or possession of these

substances, by staff or pupils in the school. The school also does not tolerate pupils or staff being

under the influence of alcohol or drugs whilst in school. This policy applies to all pupils, parents/carers, staff members and volunteers attending the school or whilst on school business, off

site visits and trips. This policy is concerned with all drugs including alcohol and tobacco, volatile

substances and over the counter medicines.

At At. Andrew & St. Francis CE Primary School we believe as part of the care and welfare of young people, we has a

duty to inform and educate young people on the consequences of substance use and misuse, as part of

a wider health education curriculum. The objectives of Drugs Education are to provide the age appropriate knowledge and information to which all pupils are entitled so that they can: -

- have an understanding of drugs they may come into contact with,
- understand what drugs are, their uses and their effects,
- consider the social, health and legal issues related to drug use,
- build their confidence to be able to cope with situations where drugs are on offer,

- develop sufficient knowledge, understanding and skills to be able to preserve their own safety,
- know the boundaries set down by parents/carers, school and the law
- make informed decisions about how they manage their lives, including their health-related behaviour.

Anti-bullying Work

The PSHE and Citizenship curriculum focuses on anti-bullying work at regular intervals during the year across the school. The aim of this work is to support children in recognising bullying and knowing how to deal assertively with incidents when they do arise. The emphasis through the curriculum is also on preventing bullying through the promotion of positive relationships and an emotionally safe environment.

See the school's Anti-Bullying Policy (included within the school's Behaviour Policy) on procedures and how to deal with incidents.

Pupil participation

Our school attempts to meet the needs of our pupils by tailoring the curriculum to look at issues that are relevant to their lives as members of a local community as well as general issues that affect us all. It is on the basis of local need that we refine and adapt the curriculum coverage each half-term.

Involvement of parents/carers

It is important to have the support of parents and the wider community for the PSHE and Citizenship programme. Parents will be given the opportunity to find out about and discuss the schools' programme such opportunities as written information sent home, display around the school, parents evenings, invitation to sit on working parties. We seek to gain the support of parents for particular units of work such as Sex and Relationships Education through sending written consent to participate letters home, parents information session/workshop with an opportunity to review resources before the unit of work.

Confidentiality and safeguarding procedures

It is important that staff know and adhere to the school's policy in relation to confidentiality and child protection issues. Staff need to be clear they cannot offer unconditional confidentiality to pupils and that the boundaries agreed by the school in relation to sensitive issues are adhered to.

See the school's Safeguarding of Children/Child Protection Policy for more information.